

OXFORDSHIRE CHILDREN & YOUNG PEOPLE'S PLAN 2018-2023

Sponsored by The Children's Trust



BE SUCCESSFUL

Have the best start in life

Access high quality education, employment and training that is motivational

Go to school and feel inspired to stay and learn

Have good self-esteem and faith in themselves



BE HAPPY AND HEALTHY

Be confident that services are available to promote good health and prevent ill health, early in life and before crisis

Learn the importance of healthy, secure relationships and having a support network

Access services to improve overall wellbeing

Access easy ways to get active

OUR VISION: "Oxfordshire, a great place to grow up and have the opportunity to become everything you want to be".



OUR PRIORITIES - FOCUS ON EARLY HELP

- Early Help & Mental Health & Well-Being
- Early Help & 0-5 year olds
- Early Help & SEND Early Intervention



BE SAFE

Be protected from all types of abuse and neglect

Have a place to feel safe and a sense of belonging

Access education and support about how to stay safe

Have access to appropriate housing

BE SUPPORTED

Be empowered to know who they can speak to when they need support, that they will be listened to and believed

Access information in a way which suits them best

Have inspiring role models

Talk to staff who are experienced and caring

For more information see www.oxfordshire.gov.uk and search for 'Children's Trust'.

QUOTES FROM CHILDREN AND YOUNG PEOPLE IN 2021-2022

inequalities – helping others in need

"CAMHS has like a 2-year waiting list".

health and wellbeing

"Food poverty...people can struggle to get food..."

Research with Young People by Family, Kids and Youth
(Source: independent agency, Family, Kids and Youth – Oct 21)

Views and quotes from online group discussions with children and young people aged 11-17 in Oxfordshire

"I lost two relatives from COVID and there is no support".

awareness and support for carers and the social care system

"I think educating people about things like ableism (discrimination) is important as not many people know about it".

"...young carers and vulnerable people need support from the council. Because they are young people, they don't have much of a voice and they are left out by the council".

"There aren't just carers, there are young carers as well, teenagers...I'm one, and all I have heard is a charity that can give support".

"...when you turn 18 there's not much support left.....no one wants to help".

"I would like the holiday activities at AFSSO (Autism Family Support Oxfordshire) to continue for 18-25yr olds, as this was where I made some friends but now, I don't see anyone"

2021 'Be Supported' Questionnaire
(Source: Engagement Report Jun 21)

Views and quotes from children and young people about how supported they feel by the services they access in Oxfordshire

"I believe schools should do their best to make getting counselling easier by reducing the amount of people you have to talk to before getting the help. It can be really confusing and might demotivate people to get the help they need."

"...info should be forthcoming and freely available we should not need to ask for it we should be told about it!"

"I had a place to speak my mind and get help, learning how to cope with it all, as I believe mental health doesn't go away, you just learn to cope with it."

CHILDREN AND YOUNG PEOPLE'S PLAN YEAR 5 - 2022-23: Focus on Early Help

Priorities	Objectives	Actions	Outcomes	Lead	Children's Trust Report	Progress
<p>Early Help & Mental Health & Well-Being</p> <p>Early Help & 0-5 year olds</p> <p>Early Help & SEND Early Intervention</p>	<p>To ensure all partners on the board dedicate senior leaders to the Early Help (EH) agenda and review their agency's current resource.</p> <p>To identify issues and concerns for children and families early so that they can be addressed promptly and without the need for statutory interventions if that is not necessary or appropriate.</p> <p>To ensure that Early help support is at the least intrusive level and designed to support families continue to develop and thrive.</p> <p>To use an Early Help Assessment to develop a holistic, co-ordinated multi-agency intervention where an organisation alone cannot fully support the problems a family is facing.</p>	<p>Each agency to review their senior leadership and resource levels to early help and report to Children's Trust Board and report on targets for their agency EH Assessments.</p> <p>To increase the number of Early Help Assessments (EHAs) to 10,000 by 2024/25.</p> <p>To identify resource to ensure front-line staff/ designated staff across all our services are trained in the early identification and support that can be offered in relation to mental health and well-being, attachment, trauma informed and whole family working by:</p> <ul style="list-style-type: none"> - Scoping what is in place - Adapting existing resources and designing training 	<p>Senior strategic leadership and increased resourcing in place for early help so that fewer children are supported by statutory services.</p> <p>Pooled resource for Early Help.</p> <p>Increase in EHAs to 5,000 by April 2023; 250 more staff trained to deliver EHAs</p> <p>Reduction in children needing assessments for Education Health Care Needs, CAMHS or Children's Social Care statutory support and improvement in Good Level of Development because their needs have been addressed at the earliest opportunity</p>	<p>Each partner agency</p> <p>EH Board via EH Strategic Lead</p> <p>Children & Young People Mental Health and Well-Being Project Board via Head of Public Health Programme s & Lead Commission</p>	<p>Sep 2022 and Mar 2023</p>	<p>There have been pilots of work with Health Visitors and School Health Nurses that have placed an increased focus on completion of early help assessments. Key partners have nominated senior leads in their organisation/sector to lead discussions relating to Early Help</p> <ul style="list-style-type: none"> • 3599 Early help assessments shared with the council. • Health Visitor pilot saw an additional 258 completed (but not shared) by health visitors between October and December) • Number of incoming social care assessments reduced by 3.8% in 22/23 from 6486 to 6241 • EHCNA requests (as reported in annual SEN2 return) <ul style="list-style-type: none"> • 2020 – 1078 (Jan 21) • 2021 – 1170 (Jan 22) • 2022 – 1117 (Jan 23) • 2022 EYFS GLD 68% compared to 65% nationally. EYFS significantly revised since reforms introduced so comparisons with previous years are not possible. • Due to care notes system outage, SPA data only available

		<ul style="list-style-type: none"> - Planning delivery of training and/or train the trainers. 	Staff are confident to deliver mental health and well-being interventions, promote whole family working, signpost on as appropriate.	-er Start Well		<p><u>Apr22-Jul22:</u> Apr – 418 May – 621 Jun – 525 Jul - 494</p> <ul style="list-style-type: none"> •Trained 335 practitioners in early help since October 2022. So increased confidence in early help and whole family working but can't answer in terms of mental health and well-being interventions. •Public Health will be tendering for an all-age mental health training contract to train staff in universal settings, contract due to start July 2023. Update of training will be recorded by setting.
Be Supported	To ensure the partnership listens to and learns from the views and feedback from children and young people, aged 8-18yrs and up to 25yrs with additional needs, about how supported they feel by the services they access in Oxfordshire.	Complete the fourth annual 'Be Supported Survey' in 2022 ensuring that it engages the children and young people who are most vulnerable and use our services.	The partnership listens to, learns from, and responds to what children and young people tell us and can demonstrate this in plans and actions.	County Council Engagement & Consultation Team	Verbal - May 2022. Full report late May/early June Be Supported June 2022 Report	To be confirmed