You said,

"Children should have help, early on in their lives."

NHS – Children's safeguarding team advise when an Early Help referral is warranted.

Referrals are often made by nursing or medical staff and some healthcare professionals.

<u>Oxford City Council</u> – Part of the locality hub work model will include the role in actual completion of the Early Help Assessments.

Within safeguarding if a concern is reported, advice is offered to staff by the safeguarding coordinator.

<u>Oxford Health Foundation Trust</u> – All clinical staff working with children, young people and families undertake the online early help training.

All universal health services identify a lead practitioner for early help per service who take responsibility for championing Early Help, monitoring training compliance and numbers of Early Help assessments completed within their service.

The Mental Health Support Teams (MHST) offer can be accessed via the Child & Adolescent Mental Health Service single point of access team, which is a pathway of early intervention, following the completion of the strengths and needs form.



The Mental Health Support Teams support health and education colleagues to complete the strengths and needs assessment by contributing any helpful information about families that are being supported.

Working collaboratively with partners and services to ensure clinical staff are trained in the early identification and support that can be offered regarding mental health and well-being.

Oxfordshire Youth – 18 young people engaged as Mental Health Ambassadors who have a lived experience of mental ill health and worked together to raise awareness and destigmatise Mental Health among their peers.

Delivery of training to frontline staff in the early identification and support that can be offered to children and young people in relation to mental health and well-being.

100% of participants who attended the Mental Health Awareness Parent & Carer workshops, reported an improvement in their understanding of where to find support and having confidence to recognise signs and reach out for help, around young people's mental health.

We did

"I am a transgender child. No one at school understands or supports me".

<u>Oxfordshire Youth</u> - Youth work sessions delivered with students at Fitzharrys School, and they supported the setup of a new youth group for LGBTQ+ young people that was a direct request from the young people.

OY supported young people to release podcast miniservices episodes considering the experiences of LGBTQ+ young people.

<u>VOXY</u> - Representatives actively participated in Oxfordshire County Council's Children & Young People LGBTQI+ Inclusion Group meetings.

Oxfordshire County Council – Implementation of the new Targeted Youth Support Service that provides support to young people aged 11-18 across Oxfordshire.

'Family, Kids & Youth' conducted online focus groups with young people (including Children in Care Council members). These were carried out to inform the development of Oxfordshire County Council's new strategic plan, linked to the strand of engagement focused on children and young people.

Quotes from: 'Be Supported' Survey Feedback 2022

February 2023 (contributions from the Children's Trust Board)