**Oxfordshire Children, Young People and Families Support Services:**

 **Key Contacts in Oxfordshire**

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# **SAFEGUARDING:**

* **Multi-Agency Safeguarding Hub (MASH)**

**Contact:** 0345 050 766 **Email:** mashchildrens@oxfordshire.gcsx.gov.uk

* **Oxfordshire Safeguarding Children Board (OSCB)**

**Contact:** 01865 815 843 **Email:** oscb@oxfordshire.gov.uk

* **Family Solutions Plus (Family centres located in Witney, Banbury, Bicester, Barton, Rose Hill, Blackbird Leys, Abingdon and Didcot)**

**Contact:** Search ‘Family Solutions’ on [www.oxfordshire.gov.uk](http://www.oxfordshire.gov.uk)

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# **LOCALITY AND COMMUNITY SUPPORT SERVICES (LCSS):**

* **LCSS Central**

**Contact:** 0345 241 2705

* **LCSS North (Inc. Banbury, Witney, Bicester, Carterton and Woodstock)**

**Contact:** 0345 241 2703

* **LCSS South (Inc. Abingdon, Farringdon, Wantage, Thame, Didcot and Henley)**

**Contact:** 0345 241 2608

*If you have a concern out of office hours, please call Emergency Duty Team (EDT) on* 0800 833 408

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# **ALCOHOL AND SUBSTANCE USE SUPPORT:**

* **The Aquarius Service (for individuals aged 8-19 who use substances and/or are affected by familial substance misuse)**

**Contact:** 0795 0301 426

# **BEREAVEMENT SUPPORT:**

* **Seesaw**: *(Oxfordshire-wide).* Seesaw offers a pre-bereavement service for families with children aged up to 18 where a parent/carer has been diagnosed with a terminal illness, including after they have died, and siblings who have died unexpectedly. They also offer advice and support to schools and other professionals who are involved with the family. Families can self-refer or ask a supporting professional to contact Seesaw on their behalf. [www.seesaw.org.uk](http://www.seesaw.org.uk)

**Contact:** 01865 744768 **Email:** info@seesaw.org.uk

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# **OUTDOOR ACTIVITIES:**

* **Oxfordshire Federation of Young Farmers’ Clubs:** *(Oxfordshire wide).* Oxfordshire Federation of Young Farmers’ Clubs (OFYFC) is Oxfordshire’s largest rural youth organisation, where young people aged 10-26 have a wealth of new experiences and opportunities. A respect for the Countryside and desire to meet like-minded people and have fun is all that’s needed. [www.ofyfc.org.uk](http://www.ofyfc.org.uk)

**Contact:** 07899 727995 **Email:** countyoffice@ofyfc.org.uk

* **Sylva Foundation:** *(Oxford, OX14).* Sylva is an environmental charity helping trees and people grow together, by providing four main programmes: science, education, forestry and wood.[www.sylva.org.uk](http://www.sylva.org.uk)

**Contact:** 01865 408018 **Email:** info@sylva.org.uk

* **Riverside:** *(Oxford, OX4).*Outdoor learning opportunities for young people open to social care. The team offer a range of activities and opportunities including the REEP programme which is intended to support young people to develop the skills to return to an education provision if they have not been attending / if their attendance has been minimal.

**Contact:** 01865 328454 **Email:** riverside.youth@oxfordshire.gov.uk

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# **LEARNING DIFFICULTIES AND/OR PHYSICAL DISABILITIES SUPPORT:**

* **Yellow Submarine:** *(Oxford, OX1).* This charity offers community work with children aged 11+ who have learning disabilities and Autism/Asperger’s, including a school holiday programme, youth clubs, breakfast club and residential holidays. This allows young people to help transition into adulthood with the ability to access mainstream services, engage in meaningful work, and socialise independently. [www.yellowsubmarine.org.uk](http://www.yellowsubmarine.org.uk) **Contact:** 01865 236 119 **Email:** kate@yellowsubmarine.org.uk
* **Go for It!** *(Oxfordshire-wide).* A charity that facilitates social opportunities and personal development to young people aged 16+ with Learning Disabilities, Autism and Asperger’s. [www.goforituk.org](http://www.goforituk.org)

**Contact:** 07897 117435 **Email:** info@goforituk.org

* **Guideposts Trust:** *(Oxfordshire-wide).* A charity that supports people living with long-term conditions, disability, or caring responsibilities to improve their mental health and wellbeing and feel included in their local communities. They also provide learning and training opportunities, advice, information and guidance. [www.guideposts.org.uk](http://www.guideposts.org.uk)

**Contact:** 01993 893560 **Email:** info@guideposts.org.uk

* **Parasol Project:** Parasol works with disadvantaged and disabled young people and those at risk of experiencing, or already experiencing, social exclusion. Parasol works with children and young people between the ages of 5 – 19. www.parasolproject.org

**Contact:** 01865 742816 / **or use contact form on the website:** <http://www.parasolproject.org/contact-us/>

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# **YOUNG CARERS SUPPORT:**

* **Oxfordshire Young Carers Team**

**Contact:** young.carers@oxfordshire.gov.uk

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# **ENRICHMENT ACTIVITIES FOR CHILDREN & YOUNG PEOPLE**

* **Drumbeats:** *(Oxford-wide).* Drum and electric/acoustic guitar tutoring and rhythm tuition (privately and in primary/secondary schools).

**Contact:** 07910 433265 **Email:** info@drum-beats.co.uk

**The Abingdon Damascus Youth Project:** *(Oxfordshire-wide).* This is a voluntary and registered charity that prides itself on enabling young people to make a positive difference within their own communities. The team is made up of qualified youth workers who have a passion for seeing change in young people’s lives. Opportunity for young people to become Youth Ambassadors and run workshops or sports clubs for other young people. The charity offers sports activities, cooking classes, days out and support for families and young people, helping them to access education and work. <https://ycat.org.uk/>

**Contact:** Rita Atkinson (Line manager) on 07846 663010 **Email:** ritaatkinson@googlemail.com

* **Blackbird Leys Boxing Club:** *(Blackbird Leys).* This volunteer-run club offers boxing training for boys and girls aged 10 and above, on Tuesdays, Fridays and Sundays throughout the week. [www.blackbirdleysboxingclub.co.uk](http://www.blackbirdleysboxingclub.co.uk)

**Contact:** info@blackbirdleysboxingclub.co.uk

* **Body Political:** *(Oxford City).*Offers a range of opportunities for young people to get involved with dance and theatre, including an outreach project working with young people in Oxford between the ages of 11 and 19. [www.bodypoliticdance.com](http://www.bodypoliticdance.com)

**Contact:** emj@bodypoliticdance.com or complete their contact form <https://bodypoliticdance.com/contact/>

* **Ark-T Centre:** *(Oxford, OX4).* An Oxford Arts Centre Charity that uses art and creativity to bring people together and cultivate inclusion in the arts. (Theatre, drama, dance, script writing, performance and more). Partnership with CAMHS: **A new School In-Reach team has been created with named leads in each of the secondary schools in Oxfordshire, spending time in the schools with pupils offering advice and self-help tools to prevent the need for accessing CAMHS.** [*www.ark-t.org*](http://www.ark-t.org)

**Contact**: 01865 396778**Email:** lizzy@ark-t.org ***l*** 07464 850428

* **Adventure Plus:** *(Clanfield, Oxfordshire)*. Adventure youthwork charity that helps young people, families, schools and youth groups realise their potential through adventure and education (Christian-led). [*www.adventureplus.org.uk*](http://www.adventureplus.org.uk)

**Contact:** 01993 703308**Email:** enquiries@adventureplus.org.uk

* **The Animation Station:** *(Banbury).* Inclusive arts organisation connecting children with technology and artists in the community and training them in animation and digital moving image. [*www.theanimationstation.co.uk*](http://www.theanimationstation.co.uk)

**Contact:** 07887 953609 **Email:** asincorporated@gmail.com

* **13th Theatre Company:** A social enterprise theatre company, working within the community, offering drama clubs and workshops.

**Contact:** <http://www.13ththeatreco.co.uk> / Contact made via the form on their site <http://www.13ththeatreco.co.uk/contact.html>

* **Didcot TRAIN:** *(South Oxon – Didcot).*TRAINrun a range of activities and projects for young people aged 11 – 18 in the Didcot area. 1:1 and group mentoring is also offered. Young people are referred to TRAIN by different professional agencies including schools and social care. [www.didcottrain.org.uk](http://www.didcottrain.org.uk)

**Contact**: 07458306358 **Email:** info@didcottrain.org.uk

* **Inspired Young People Project:** *(Oxford, OX13).* A non-profit Organisation that seeks to inspire young people to be leaders through sports clubs and skill-building. [www.facebook.com/inspiredypp](http://www.facebook.com/inspiredypp)

**Contact:** 07743 874162 **Email:** adamfrench1@gmail.com

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* **Mandala Theatre Company:** Opportunities for young people aged between 16 – 25 (particularly for young people from BAME communities and white working-class backgrounds) to participate in courses, the Mandala Youth Company, and placements with the company. These focus on developing skills and experience in different aspects of the theatre. [www.mandalatheatre.co.uk](http://www.mandalatheatre.co.uk)

**Contact:** 07796 390 160 **Email:** info@mandalaltheatre.co.uk

* **Musical Youth Company Oxford (MYCO):**A teenage musical theatre group (ages 12-19) that produces one main show per year in the Oxford Playhouse and one other Oxford theatre. Members participate in all activities including shows, concerts, fundraising for local charities and workshops. [www.myco.org.uk](http://www.myco.org.uk)

**Contact:** info@myco.org.uk

* **Oxford Boxing Academy:** Offer boxing sessions on Tuesday and Thursday evenings and Sunday mornings to juniors (membership is £30 / month)

**Contact Faz Keyani:** 07748 841862 **Email:** faz@oxfordboxingacademy.com

* **Oxfordshire Federation of Young Farmers’ Clubs:** *(Oxfordshire wide).* Oxfordshire Federation of Young Farmers’ Clubs (OFYFC) is Oxfordshire’s largest rural youth organisation, where young people aged 10-26 have a wealth of new experiences and opportunities. A respect for the Countryside and desire to meet like-minded people and have fun is all that’s needed. [www.ofyfc.org.uk](http://www.ofyfc.org.uk)

**Contact:** 07899 727995 **Email:** countyoffice@ofyfc.org.uk

* **Oxford Playhouse:** The theatre’s Participation Team offer workshops, work experience, holiday programmes and youth theatre opportunities. www.oxfordplayhouse.com

**Contact:** Paul Simpson (Participation Manager) 01865 305 366 / **Email:** learning@oxfordplayhouse.com

* **OYAB/ Kicks Arts project:** *(Cherwell) (OYAB groups are in Bicester / Kick Arts held at Pitt Rivers Museum)* - Currently, one programme is being offered a year (this currently runs between January – April) and young people attend for one day a week. This is aimed at secondary-aged children and is for those who enjoy art. The OYAB company also offer after-school youth groups (Arts Awards and Music/Choirs).

**Contact:** 01865 812150 / <http://www.oyap.org.uk/kick-arts/4582893327>

* **Pegasus Theatre:** *(County Wide).*offer theatre workshops but also a full-time 2-year programme for 16 – 18-year olds (this is a Level 3 Acting Diploma which is equivalent of up to 3 A\* A-levels). They offer work experience weeks too. There are a number of free / supported spaces on all the courses for young people who need this help. [www.pegasustheatre.org.uk](http://www.pegasustheatre.org.uk)

**Contact:** 01865 812 150

* **RAW Workshop** *(Blackbird Leys).*They work with young people 13+ and have a woodwork shop – young people are able to make what they like and are able to take these items home. There is also a CAMHS worker on-site at times and young people are offered 1:1 mentor sessions with RAW workers to support them. [www.raw-workshop.co.uk](http://www.raw-workshop.co.uk)

**Contact:** 01865 714111 / Email: team@raw-workshop.co.uk

* **Sylva Foundation:** *(Oxford, OX14).* Sylva is an environmental charity helping trees and people grow together, by providing four main programmes: science, education, forestry and wood.[www.sylva.org.uk](http://www.sylva.org.uk)

**Contact:** 01865 408018 **Email:** info@sylva.org.uk

* **Synolos:** *(Witney).*For KS3, they offer 1 – 2 hours a week of activity (photography, painting and decorating, woodwork). For KS4, they offer Functional Skills English and maths alongside vocational activities (health and social care, woodwork etc) and work experience. They also provide mental health support if deemed appropriate. [www.synolos.co.uk](http://www.synolos.co.uk)

**Contact:** 01993 866615 / **Email:** info@synolotraining.co.uk

* **The Art Room @ Place2Be:** Works with pupils between 5 – 16. A group programme supporting young people experiencing emotional difficulties through artwork and discussion with trained members of staff.

**Contact:** theartroom@place2be.org.uk or via the enquiries form on their website: <https://www.place2be.org.uk/our-services/services-for-schools/the-art-room/>

* **Unlocking Potential Oxfordshire (UP):** *(Oxfordshire-wide).* UP Oxfordshire offers a wide range of activities to help young people discover their potential. They bring together different local community partners to offer a variety of work experience placements to try. Retail, creative industry, sport, hospitality, warehousing, grounds and property maintenance and construction. They offer accredited qualifications in a range of subjects and support young people into work with 1-1 mentoring and coaching.

**Contact through Facebook (website not working):** [www.facebook.com/unlockingpotential.oxfordshire.1](http://www.facebook.com/unlockingpotential.oxfordshire.1)

* **Very Important People (VIP+):** *(Oxfordshire-wide).* VIP+ engages with vulnerable 5-18-year-olds in Oxfordshire to support them to gain skills and lead happy lives. They empower children and young people to use their voice in decisions affecting themselves, providing opportunities to develop supportive skills through education, play, leisure and cultural activities. [www.vipplusoxford.org/referrals](http://www.vipplusoxford.org/referrals)

**Contact by downloading referral form on website and then email:** vipplus@oxfordhub.org

* **Yoga in Schools:** A Community Interest Company which works with both primary and secondary schools to offer a range of workshops and activities to support the development of healthy minds and healthy bodies. [www.yoga-in-schools.co.uk](http://www.yoga-in-schools.co.uk)

**Contact:** 01761 470 658

* **Youth Ambition:** Youth Ambition offer a range of activities including sports sessions, holiday activities and youth clubs to disadvantaged young people. Part of the Active Communities Team at Oxford City Council. [www.youthambition@oxford.gov.uk](http://www.youthambition@oxford.gov.uk)

**Contact:** via their contact form on their website [http://www.oxford.gov.uk/youthambition/homepage/2/contact\_us /](http://www.oxford.gov.uk/youthambition/homepage/2/contact_us%20/) or call: 01865 252728

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# **BOOKABLE RESPITE SPACES/OUTDOOR SPACES:**

* **Jennie’s Children’s Trust:** *(West Pembrokeshire).* A charity that offers families who have suffered medical trauma or bereavement a week in self-contained lodges in West Pembrokeshire, offering outings such as boat trips, horse riding and swimming at the beach. [www.jennieschildrenstrust.org](http://www.jennieschildrenstrust.org)

**Contact:** jane@jennieschildrenstrust.org

* **Barracks Lane Community Garden:** *(Cowley).* Offers a quiet space to book out for groups or individuals and holds events throughout the year (demonstrating practical ideas for healthy living and playful/developmental opportunities through workshops and opportunities for learning about caring for the environment). [www.barrackslanegarden.org.uk](http://www.barrackslanegarden.org.uk)

**Contact:** 07729 655 543 **Email:** barrackslanegarden@yahoo.co.uk

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# **EDUCATIONAL SUPPORT:**

* **One-Eighty:** *(Oxford, OX2).* One-Eighty is a psychology-focussed behaviour support charity enabling young people and families to live healthier lives through intensive, outcome-driven and therapeutic approaches. They offer services for professionals, private clients and families including small group work interventions, short-term 1:1 interventions, complex long-term interventions, private CBT-focused sessions, training, traineeships and student placements. They use evidence-based approaches to ensure maximum impact in their work, and aim to re-engage children and young people with a positive learning experience and help to improve their mental and emotional wellbeing. [*www.one-eighty.org.uk*](http://www.one-eighty.org.uk)

**Contact:** 01865 236 869 **Email:** enquiries@one-eighty.org.uk - to make a referral: <https://one-eighty.org.uk/referrals>

* **SOFEA:** (Didcot) – They work with young people 14+. If the young person is 16 – 18 (or up to 25 with an EHCP) then they can join SOFEA as their full-time offer. If they are younger than this, then they work alongside the young person’s school to offer some alternative provision alongside their school study. Young people can study English and maths up to GCSE level. They work with food supplies providing food for those in need and have a wood workshop for those more interested in this. The focus is very much on the development of Life Skills (things such as leadership and money management etc) and on giving back to the community. Young people can go onto securing a paid position in SOFEA. [www.sofea.uk.com](http://www.sofea.uk.com)

**Contact:** 01235 510774 **Email:** info@sofea.uk.com

* **TRAX:** *(Woodstock Road).* They work with secondary-aged young people 12 and above, providing educational support.You can study English and maths too although only up to Functional Skills level. They offer accreditations in bike management, mechanics and catering. [www.traxorg.com](http://www.traxorg.com)

**Contact:** 01865 318040 / Email: admin@traxonline.co.uk

* **Full Circle:** *(Oxfordshire-wide).* A charity that works with Oxfordshire schools, bringing older and younger children together on a weekly basis to nurture friendship and understanding between generations. [www.fullcircleoxon.org.uk](http://www.fullcircleoxon.org.uk)

**Contact:** 01865 246456. **Email:** fullcircle@fullcircleoxon.org.uk

* **Riverside:** *(Oxford, OX4).*Outdoor learning opportunities for young people open to social care. The team offer a range of activities and opportunities including the REEP programme which is intended to support young people to develop the skills to return to an education provision if they have not been attending / if their attendance has been minimal.

**Contact:** 01865 328454 **Email:** riverside.youth@oxfordshire.gov.uk

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# **GAMBLING AND GAMING AWARENESS SUPPORT:**

* **Young Gamblers Education Trust (YGAM):** *(London).* This charity aims to inform, educate, safeguard and build digital resilience amongst young and vulnerable people, helping them to make informed decisions and understand the consequences around gambling and gaming. They lead accredited education programmes and resources for anyone who work with and cares for young and vulnerable people, while also working closely with universities and schools to raise awareness. [www.ygam.org](http://www.ygam.org)

**Contact:** 0203 837 4963 **Email:** hello@ygam.org

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# **FRIENDSHIP BUILDING:**

* **Aspire Oxfordshire:** *(Oxford, OX1).* Aspire is a multi-award-winning employment charity and social enterprise. They “empower vulnerable people facing homelessness, poverty and disadvantage to find employment and housing”. [*www.aspireoxfordshire.org*](http://www.aspireoxfordshire.org)

**Contact:** 01865 204450 **Email:** info@aspireoxford.co.uk

* **Full Circle:** *(Oxfordshire-wide).* A charity that works with Oxfordshire schools, bringing older and younger children together on a weekly basis to nurture friendship and understanding between generations. [www.fullcircleoxon.org.uk](http://www.fullcircleoxon.org.uk)

**Contact:** 01865 246456. **Email:** fullcircle@fullcircleoxon.org.uk

* **Friends of OSCAR:** *(Didcot).* A charity that supports children with brain and spinal tumours and their families and any and all stages of diagnosis and treatment. Offers families opportunities to meet others facing similar situations and parental support through biannual meetings and resources. [www.friendsofoscar.org.uk](http://www.friendsofoscar.org.uk)

**Contact:** 07498 578890 **Email:** contact@friendsofoscar.org.uk

* **Parasol Project:** Parasol works with disadvantaged and disabled young people and those at risk of experiencing, or already experiencing, social exclusion. Parasol works with children and young people between the ages of 5 – 19. www.parasolproject.org

**Contact:** 01865 742816 / **or use contact form on the website:** <http://www.parasolproject.org/contact-us/>

* **Oxfordshire Youth:** *(Oxfordshire-wide).* A youth organisation providing opportunities for young people to build confidence, build relationships and develop new skills to make positive changes in their lives and communities. [www.oxfordshireyouth.org](http://www.oxfordshireyouth.org)

**Contact:** 01865 767899 **Email through website:** [www.oxfordshireyouth.org/contact-us](http://www.oxfordshireyouth.org/contact-us)

* **Very Important People (VIP+):** *(Oxfordshire-wide).* VIP+ engages with vulnerable 5-18-year-olds in Oxfordshire to support them to gain skills and lead happy lives. They empower children and young people to use their voice in decisions affecting themselves, providing opportunities to develop supportive skills through education, play, leisure and cultural activities. [www.vipplusoxford.org/referrals](http://www.vipplusoxford.org/referrals)

**Contact by downloading referral form on website and then email:** vipplus@oxfordhub.org

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# **EMPLOYMENT/SKILL-BUILDING SUPPORT:**

* **Oxfordshire Youth:** *(Oxfordshire-wide).* A youth organisation providing opportunities for young people to build confidence, build relationships and develop new skills to make positive changes in their lives and communities. [www.oxfordshireyouth.org](http://www.oxfordshireyouth.org)

**Contact:** 01865 767899 **Email through website:** [www.oxfordshireyouth.org/contact-us](http://www.oxfordshireyouth.org/contact-us)

* **Unlocking Potential Oxfordshire (UP):** *(Oxfordshire-wide).* UP Oxfordshire offers a wide range of activities to help young people discover their potential. They bring together different local community partners to offer a variety of work experience placements to try. Retail, creative industry, sport, hospitality, warehousing, grounds and property maintenance and construction. They offer accredited qualifications in a range of subjects and support young people into work with 1-1 mentoring and coaching.

**Contact through Facebook (website not working):** [www.facebook.com/unlockingpotential.oxfordshire.1](http://www.facebook.com/unlockingpotential.oxfordshire.1)

* **Aspire Oxfordshire:** *(Oxford, OX1).* Aspire is a multi-award-winning employment charity and social enterprise. They “empower vulnerable people facing homelessness, poverty and disadvantage to find employment and housing”. [*www.aspireoxfordshire.org*](http://www.aspireoxfordshire.org)

**Contact:** 01865 204450 **Email:** info@aspireoxford.co.uk

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# **SUPPORT FOR ASYLUM SEEKERS OR MIGRANT FAMILIES:**

* **African Families in the UK:** *(Oxford, OX4).* A community-interest company for British African children and families, and for recently arrived migrant families. [*www.africanfamiliesuk.wixsite.com/afiuk*](http://www.africanfamiliesuk.wixsite.com/afiuk)

**Contact:** 07921 462949**Email:** africanfamiliesintheuk@gmail.com

* **Asylum Welcome:** *(Oxford, OX4).* Asylum Welcome is a registered charity that works with unaccompanied children, adults and families to help them settle into Oxford. [*www.asylum-welcome.org*](http://www.asylum-welcome.org)

**Contact:** 01865 722082 **Email:** office@asylum-welcome.org

* **Together with Migrant Children:** *(Oxford, OX2).* This charity advocates for children young people and families who have been oppressed and denied as the result of their immigration status, provide social and educational opportunities for young people through activity programmes and work holistically to bring together child and family practitioners from different disciplines to work together, to create wrap-around intensive support.[www.togetherwithmigrantchildren.org.uk](http://www.togetherwithmigrantchildren.org.uk)

**Contact:** 01865 528 658 **Email:** hello@togethermigrantchildren.org.uk

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# **RELIGIOUS SPACES/COMMUNITIES:**

* **Diocese of Oxford:** *(Kidlington).* A Church of the Church of England, offering worship space for those who would like to join the community or who are already part of it as well as Church-related activities and opportunities for children of various ages. [www.oxford.anglican.org](http://www.oxford.anglican.org)

**Contact:** Ages 5-11: 01865 208255. Ages 11-18: 01865 208253

* **The Oxford Foundation:** *(Oxfordshire-wide).* The Oxford Foundation utilises theology, poetry, interfaith dialogue, drama, art, music, storytelling, successful role models and 1-1 mentoring to help young people achieve and contribute in a meaningful way to society. They aim to promote religious and racial harmony between persons of different faiths and racial groups. [www.theoxfordfoundation.com](http://www.theoxfordfoundation.com)

**Contact:** info@theoxfordfoundation.org.uk

# **SUPPORT FOR LGBTQ+ YOUNG PEOPLE:**

* **Topaz:** (*Oxford city centre).* Topaz offers a safe space for young people to explore their feelings and gain a better understanding of themselves (particularly ages 10-19 who are part of the LGBTQ+ community or questioning their sexuality). [www.topazoxford.org.uk](http://www.topazoxford.org.uk)

**Contact:** 01865 396 778 **Email by filling out a form on website:** [www.topazoxford.org.uk/contact-us](http://www.topazoxford.org.uk/contact-us) or email topaz-hq@hotmail.co.uk

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# **SUPPORTING YOUNG PEOPLE WHO ARE AFFECTED BY CRIME:**

* **SAFE! Support for Young People Affected by Crime:** *(Oxford, OX4).* Provides support to children and families around Thames Valley who have been affected by crime through one-to-one group sessions. Consists of two core services: Young Victim Service (provides support to children aged 5-18 who have been harmed by an experience of victimisation) and Building Respectful Families Service (provides support to families experiencing Child on Parent Violence). It also offers training for professionals. [www.safeproject.org.uk](http://www.safeproject.org.uk)

**Contact:** 0800 1337 938 **Email:** safe@safeproject.org.uk

* **Children Heard and Seen:** *(Oxford, OX2).* Support for children with a parent in prison. Achieved through the running of targeted interventions and activity groups (weekly youth groups in Barton and Reading for children aged 8-15), volunteer mentors are provided for 6-12 months to primary aged children with a parent in prison. Year 7 children are prioritised due to 10 years of age being the legal age of criminal responsibility. Mentors act as a positive role model and provide regular opportunities for children to be supported. They also run parenting support groups to facilitate positive change and reduce the likelihood of intergenerational cycles of behaviour. [*www.childrenheardandseen.co.uk*](http://www.childrenheardandseen.co.uk)

**Contact:** 07557 339258 **Email:** info@childrenheardandseen.co.uk

* **DIVERT (Thames Valley Police Violence Reduction Unit):** *(Abingdon/Banbury/Maidenhead/Milton Keynes/Aylesbury).* DIVERT offers youth support workers for young adults (ages 18-25) in police custody and beyond to support them with accessing work, education and support in the community and help them reduce risks of re-offending. They are part of the New Era Foundation project in partnership with Thames Valley Police Violence Reduction Unit. They offer a non-judgemental and confidential space to listen to young people without it impacting on the criminal justice system processes (they will not discuss ongoing investigations). <https://www.newerafoundation.uk/divert>

**Contact:** 0207 101 9313 **Email**: info@newerafoundation.uk or lyden.tv@divert-partnership.com

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# **EMOTIONAL, MENTAL HEALTH AND COMMUNITY SUPPORT FOR FAMILIES AND YOUNG PEOPLE:**

* **Oxford Parent Infant Project (OXPIP):** *(Kidlington).* Offers intensive therapeutic help to parents and babies in the first two years. Made up of a clinical team who are specialists in parent-infant work, they work with parents of biological children or fostered/adopted children under 2, including if the parent was adopted, fostered, or in a children’s home as a child themselves. [www.oxpip.org.uk](http://www.oxpip.org.uk)

**Contact:** 01865 778034 **Email:** info@oxpip.org.uk

* **PAUSE:** *(Oxfordshire; also offer support in most other areas of the UK).* Pause works with women who have experienced, or are at risk of, repeat removals of children from their care. Through an intense programme of support, it aims to break this cycle and give women the opportunity to reflect, tackle destructive patterns of behaviour, and to develop new skills and responses that can help them create a more positive future. <https://www.pause.org.uk/>

**Contact:** for general enquiries, contact Pause at info@pause.org.uk or call 020 3011 1949.  **Email:** for referrals in Oxfordshire, contactLeva Vitolina at pause@oxfordshire.gov.uk

* **Children and Adolescent Mental Health Service (CAMHS):**
	+ **Single Point of Access (SPA)** [www.oxfordhealth.nhs.uk/camhs/oxon](http://www.oxfordhealth.nhs.uk/camhs/oxon)
	+ **Contact:** 01865 902515 **Email:** OxonCAMHSSPA@oxfordhealth.nhs.uk
* **Friends of OSCAR:** *(Didcot).* A charity that supports children with brain and spinal tumours and their families and any and all stages of diagnosis and treatment. Offers families opportunities to meet others facing similar situations and parental support through biannual meetings and resources. [www.friendsofoscar.org.uk](http://www.friendsofoscar.org.uk)

**Contact:** 07498 578890 **Email:** contact@friendsofoscar.org.uk

* **Topaz:** (*Oxford city centre).* Topaz offers a safe space for young people to explore their feelings and gain a better understanding of themselves (particularly ages 10-19 who are part of the LGBTQ+ community or questioning their sexuality). [www.topazoxford.org.uk](http://www.topazoxford.org.uk)

**Contact:** 01865 396 778 **Email by filling out a form on website:** [www.topazoxford.org.uk/contact-us](http://www.topazoxford.org.uk/contact-us) or email topaz-hq@hotmail.co.uk

* **Oxfordshire Play Association:** *(Oxford, 0X4).* A charity that promotes the importance of play in the lives of children/young people, an understanding of play and play-work values, and identifies the needs of children/young people in play environments and works positively towards fulfilling these. They offer therapeutic play-work so children can act out emotional experiences in play. [*www.oxonplay.org.uk*](http://www.oxonplay.org.uk)

**Contact:** 01865 779474

* **Oxfordshire Mind:**Mental health support charity for children and adults. [*www.oxfordshiremind.org.uk*](http://www.oxfordshiremind.org.uk)

**Contact (information line):** 01865 247788

* **Oxford Against Cutting (OAC):** *(Oxfordshire wide).*OAC is committed to working to help prevent female genital mutilation (FGM) and honour-based abuse (HBA) of girls and women living in the Thames Valley. [www.oxfordagainstcutting.org](http://www.oxfordagainstcutting.org)

**Contact:** 0345 050 7666 / 07909510840 (Kate Agha- CEO)

**Email:** info@oxfordagainstcutting.org

* **Clean Slate:** *(Bicester).* Clean Slate focuses on the recognition, handling and support of people who have suffered physical, mental, domestic or sexual abuse. They help with the subsequent mental health problems without discrimination for anyone in Oxfordshire. They also run a Freedom Programme, a national programme which aims to help women understand and make sense of the abuse they have suffered. It runs as a 2-hour weekly session, over 12 weeks. [*www.cleanslate.org.uk*](http://www.cleanslate.org.uk)

**Contact:** 01869 232461 **Email:** office@cleanslate.org.uk

* **Family Links:** *(Oxford-wide).*A national charity that promotes emotional health at home, school and work. Offer high-quality training and resources to professionals working with families, school and university staff, and employees in the workplace (based on the Nurturing Programme). For adults and children. [www.familylinks.org.uk](http://www.familylinks.org.uk)

**Contact:** 01865 401800 **Email:** info@familylinks.org.uk

* **Guideposts Trust:** *(Oxfordshire-wide).* A charity that supports people living with long-term conditions, disability, or caring responsibilities to improve their mental health and wellbeing and feel included in their local communities. They also provide learning and training opportunities, advice, information and guidance. [www.guideposts.org.uk](http://www.guideposts.org.uk)

**Contact:** 01993 893560 **Email:** info@guideposts.org.uk

* **Hope Thru Horses:** *(Skype – based in Wales).* Equine-informed therapeutic care. “With or without the horses, Equine informed therapy works on addressing the psychological and emotional effects of trauma on the nervous system, body, mind and energy. In the process we recognize, identify and integrate separated, fearful, parts of the self, bringing those parts together into the one whole ‘self.’” [*www.hopethruhorses.com*](http://www.hopethruhorses.com)

**Contact:** 07780 675112 **Email:** jo@hopethruhorses.com

* **Mayday Trust:** *(Oxford, OX1).* The Personal Transitions Service (PTS) is a person-led, transitional and strength-based approach to working with people experiencing tough times. It emerged following years of prototyping a new way of working that ensured power was passed back to the individual and uncovered the many systemic barriers people face when accessing services. The PTS believes that tough times should be a brief transition in a person’s life, not an identity and certainly not a life sentence. It is delivered by PTS Coaches who work alongside people going through tough times. [*www.maydaytrust.org.uk*](http://www.maydaytrust.org.uk)

**Contact:** 01865 670028

* **Oxfordshire Sexual Abuse and Rape Crisis Centre (OSARCC):** They are a feminist organisation committed to supporting survivors of sexual abuse, rape, domestic abuse, and harassment. They offer a free and confidential service to survivors who are dealing with the effects of sexual violence, and to anyone who is supporting them. [*www.osarcc.org.uk*](http://www.osarcc.org.uk)

**Contact:** 01865 725311 **Email:** admin@osarcc.org.uk

* **Youth Challenge Oxfordshire (YOCO):** YOCO are a local charity who offer support to vulnerable young people aged 14-21 to develop resilience and confidence so that they can overcome problems they may face in their lives. They follow a 15-18-month programme, focusing on overcoming challenges with: pressures of social media, bullying, mental health issues and peer influence to take unnecessary risks. [www.yoco.online](http://www.yoco.online)

**Contact:** 07999 340597 **or contact through form:** <https://www.yoco.online/contact.php>

* **Donnington Doorstep Family Centre (Donnington, OX4).** Donnington Doorstep offers drop-in play sessions for families, access to food from food banks, offer a pre-school for families on low income, specialist advice and the Step Out project, working with children at risk of sexual exploitation.

**Contact:** 01865 727 721 **Email:** info@donnington-doorstep.org.uk

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# **SUPPORT FOR SEXUAL ABUSE/ASSAULT AND RAPE SURVIVORS:**

* **Oxfordshire Sexual Abuse and Rape Crisis Centre (OSARCC):** They are a feminist organisation committed to supporting survivors of sexual abuse, rape, domestic abuse, and harassment. They offer a free and confidential service to survivors who are dealing with the effects of sexual violence, and to anyone who is supporting them. [*www.osarcc.org.uk*](http://www.osarcc.org.uk)

**Contact:** 01865 725311 **Email:** admin@osarcc.org.uk

* **SAFE! Support for Young People Affected by Crime:** *(Oxford, OX4).* Provides support to children and families around Thames Valley who have been affected by crime through one-to-one group sessions. Consists of two core services: Young Victim Service (provides support to children aged 5-18 who have been harmed by an experience of victimisation) and Building Respectful Families Service (provides support to families experiencing Child on Parent Violence). It also offers training for professionals. [www.safeproject.org.uk](http://www.safeproject.org.uk)

**Contact:** 0800 1337 938 **Email:** safe@safeproject.org.uk

* **Kingfisher (supporting and protecting children and young people who are subject to or at risk of being sexually exploited)**
	+ **Contact:** 01865 309 196 **Email:** kingfisherteam@oxfordshire.gov.uk
* **Phoenix (working with looked after children in the Residential Edge of Care Service (REoC), Youth Justice Service (YJS) and children who are at risk of, or have been subject to, sexual exploitation**
	+ **Contact:** 01865 904 331