

Support Timetable for Tobias – Spring Term 2021

Time	Activity	Strategies/Resources	Intended Outcome
9.00	Meet Tobias and welcome him to the group. Wash hands Group time activity	<ul style="list-style-type: none"> • Support from key person or TA to welcome Tobias inside and wash hands • Tobias needs support to sit during group time he will sit on an adult's lap for 5 minutes then he will get distressed resources used- • Routine of group time e.g. singing hello song • Visual timetable • Emotion cards • TA support to take Tobias away to play after staying in group for a short period of time. 	<ul style="list-style-type: none"> • To give Tobias calm start to the morning and develop friendships within the key group. • Extend the time Tobias stays at group time • To engage Tobias in a wider range of activities at group time
9.30	<ul style="list-style-type: none"> • Support Tobias to play safely & co-operatively during the free flow session, paying particular attention to: • communicating his needs and choices through PECS and signs. • Encouraging interactions with other children. • Developing use of speech in play • Encouraging Tobias to stay safe • Increasing time Tobias in engaged in activities • Support Tobias to sit with his snack 	<ul style="list-style-type: none"> • Interact with Tobias verbally accompanied by a sign/card. • Use relevant pictures e.g. on a lanyard/key ring to support. • Use descriptive commentary e.g. Tobias is putting on his boots, Tobias is putting on his coat, Tobias is going outside. • Use visual timetable board to support the routine of the morning session. 	<ul style="list-style-type: none"> • To increase vocabulary • Tobias will begin to understand the structure of routines at school. • Tobias to be expressing his needs more, through gesture or word. • Tobias to beware of boundaries and risks.

		<ul style="list-style-type: none"> • Adult support to Tobias to make safe choices • Adults to model language as he plays, Play with sounds e.g. ready steady go, animal noises, pausing in songs. Pause and wait in ready steady.... • Adult to support Tobias and sit next to him to encourage him to sit down with his food and not take other children's. • Adult support to observe and support with eye contact with others and to engage him for a longer period of time in a self-chosen activity. 	<ul style="list-style-type: none"> • Enable Tobias to choose activity. • Build on the positive interactions with other children or adults. • Develop Tobias' communication skills.
10.15	Garden open for a choice of inside or outside play – continue with support and strategies from above adding in -	<p>Tobias will often choose to go outside – Adult support find coat and put coat on Tobias will have support to stay in allocated part of the garden. Adult to support Tobias to climb safely Adult to support Tobias to engage in an activity</p>	<ul style="list-style-type: none"> • Tobias likes to be near an adult in the garden. For Tobias to become more confident in the garden away from an adult. • For Tobias to become more aware of danger. • For Tobias to become aware of the boundaries in the garden.
11.15	Singing time, wash hand and sit for lunch.	<ul style="list-style-type: none"> • Encourage Tobias to participate in Singing for 5 minutes with adult support, using props where necessary. • Adult TA support Tobias to play safely away from the group 	<ul style="list-style-type: none"> • Develop Tobias' language skills. • Be able to sit and join in for a short period of time.

		<ul style="list-style-type: none"> • Lots of support needed for handwashing from key person and TA. 	<ul style="list-style-type: none"> • To cooperate with care giving routines.
11.30am	Lunch time.	<ul style="list-style-type: none"> • Close supervision when drinking or eating due to Tobias wanting to walk around with food or take other children's. • Tobias needs encouragement to drink. 	<ul style="list-style-type: none"> • For Tobias to be able to sit until he has finished his lunch. • For Tobias to keep hydrated with milk or water
12.00	Nappy time	<ul style="list-style-type: none"> • Tobias struggles with his nappy being changed and will climb over TA support, Tobias will not lay down. • TA support to keep to routine and reassure Tobias. TA sings to Tobias • TA to change Tobias 	<ul style="list-style-type: none"> • For Tobias to be comfortable to have his nappy changed. • For Tobias to cooperate with having his nappy changed.
12.30	Outside - all	<ul style="list-style-type: none"> • Adult support to help Tobias find his coat and put coat on. • Tobias will have support to stay in allocated part of the garden. • Adult to support Tobias to climb safely • Adult to support Tobias to engage in an activity. 	<ul style="list-style-type: none"> • Tobias likes to be near an adult in the garden. For Tobias to become more confident in the garden when away from an adult. • For Tobias to become more aware of danger. • For Tobias to become aware of the boundaries.

<p>1.00</p>	<p>Group and snack time</p>	<ul style="list-style-type: none"> • Encourage Tobias to participate in Singing/story for 5 minutes with adult support, using props where necessary. • Adult TA support to play safely away from the group when he has finished his snack • Close supervision when drinking or eating due to Tobias wanting to walk around with food or take other children's. • Tobias needs encouragement to drink. 	<ul style="list-style-type: none"> • Develop Tobias's language skills. • Be able to sit and join in for a longer period of time. • For Tobias to be able to sit until he has finished his snack. • For Tobias to keep hydrated with milk or water
<p>1.30</p>	<p>Free flow inside</p> <ul style="list-style-type: none"> • Support Tobias to play safely & co-operatively during the free flow session, paying particular attention to: • communicating his needs and choices through gesture/one word. • Encouraging interactions with other children. • Developing use of speech in play • Encouraging Tobias to stay safe • Increasing time Tobias in engaged in activities 	<ul style="list-style-type: none"> • TA support to observe and support with eye contact with other's and to engage his self-chosen play for a longer period of time. • Interact with Tobias verbally accompanied by a sign/ card. • Use relevant pictures e.g. on a lanyard/key ring to encourage Tobias to select the picture for his feeling and snack. • Use descriptive commentary e.g. Tobias is putting on his boots, Tobias is putting on his coat, Tobias is going outside. • Use visual tim table board to support the routine of the morning session. • Adult support to Tobias to make safe choices • Adults to model language as he plays, Play with sounds e.g. ready steady go, animal noises, pausing 	<ul style="list-style-type: none"> • Enable Tobias to choose activity. • Build on the positive interactions with other children or adults. • Develop Tobias' language/ communication skills.

		in songs. Pause and wait in ready steady....	
1.50	Outside	<ul style="list-style-type: none"> • Adult support to help Tobias find his coat and put coat on. • Tobias will have support to stay in allocated part of the garden. • Adult to support Tobias to climb safely • Adult to support Tobias to engage in an activity. 	<ul style="list-style-type: none"> • Tobias likes to be near an adult in the garden. For Tobias to become more confident in the garden when away from an adult. • For Tobias to become more aware of danger. For Tobias to become aware of the boundaries.
2.50	Story/singing and home time	<ul style="list-style-type: none"> • Tobias is distressed wanting mum and will keep going to the door, TA support is needed to sit by Tobias and try to reassure his, sing with or his use a toy to distract his. • Tobias needs support to gather his belongings. 	<ul style="list-style-type: none"> • Tobias to sit and listen to a short story or song • Tobias to understand mum is coming and become aware of routine. • Tobias to be able to get his coat with support.

Updated March 2021