

WHO CAN HELP?

If you would like help or advice, you could contact your

EYSENIT

C&I Teacher

Educational Psychologist

Speech & Language Therapist

Children's rights

We are committed to upholding the rights of all children.

Child protection

We respect the need for confidentiality. The exception to this is when there are concerns about child protection. In these cases, having discussed our concerns with you, we would liaise with social care in accordance with Oxfordshire's safeguarding children procedures.

Asking for Help



Children with Autism are good at problem solving but often find it difficult to know when they need help and how to ask for it, even if they have a lot of language. Using visual supports can teach them how to ask for help and remind them to ask. Here are some ideas to help them do this.

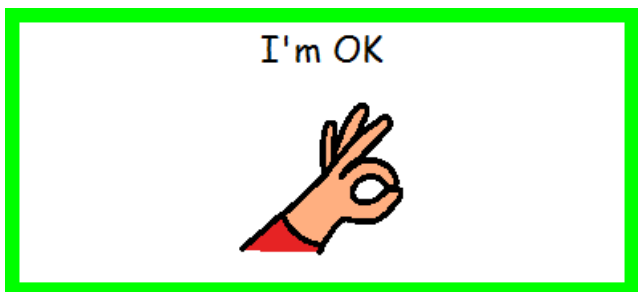


Place 'person + help' cards at useful places around the home or classroom, where your child often needs help e.g. by their coat peg if they need help to zip up their coat. Point to the photo and symbol and say 'Mummy help' before helping. You could also have 'person + help' on a keyring so the visual support (with the correct name) is always available.

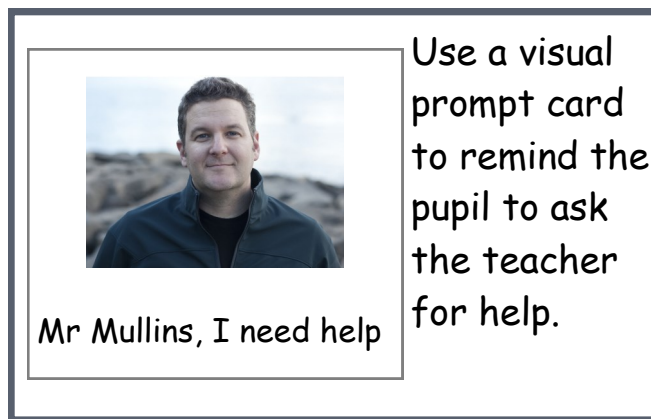
Put 'help' cards in useful places.



Introduce a 'When I need help' reminder card.



Place two cards on the table, so the pupil can easily show if they are OK or if they need help.



Use a visual prompt card to remind the pupil to ask the teacher for help.

Visual supports for asking for help can be made to your child's language level, ranging from single words to social stories.

WHEN I NEED HELP

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If I don't understand I can...

- Reread the instructions
- Quietly ask a friend for help
- Ask the teacher for help

If I'm frustrated or stressed...

- I can walk away or ignore
- I can ask for a break
- I can find an adult to ask for help