

Dementia

Oxfordshire Libraries are pleased to provide the following official and nationally approved Dementia titles as part of the National Health Offer: Reading Well Scheme, together with other suggested titles which are available in Oxfordshire libraries.

Books

Subject		
Information and Advice	Normal Ageing and Memory Problems	<p><i>Introduction to the Psychology of Ageing for Non Specialists</i> * By Ian Stuart-Hamilton</p> <p><i>Coping with Memory Problems</i> * By Sallie Baxendale</p> <p><i>Brain Fitness Workout</i> By Philip Carter</p> <p><i>Brian Power Workout</i> By Joel Levy</p> <p><i>Improve Your Memory</i> By Robert Athen</p>
	About Dementia	<p><i>Alzheimers: Answers at your fingertips</i> * By Alex Bailey</p> <p><i>Understanding Alzheimer's Disease & Other Dementias</i> * By Nori Graham and James Warner</p> <p><i>ABC of Dementia</i> * By Bernard Coope and Felicity Richards</p> <p><i>About Dementia: For people with learning difficulties</i> * By Karen Todd, Vicky Turk and Michelle Christmas</p> <p><i>A Disease and Other Dementias: A practical guide</i> By Marc E. Agronin</p> <p><i>Book Therapy in Dementia Care</i> By Helen J. Bate</p>

		<p><i>Person-centred Activities and Dementia</i> By George Flaherty</p> <p><i>But Then Something Happened: A story of everyday Dementia</i> By Chris Carling</p> <p><i>When Someone You Love Has Dementia</i> By Susan Elliot-Wright</p> <p><i>ABC of Dementia</i> Edited by Bernie Cope</p> <p><i>Explaining Alzheimers and Dementia: More than memories</i> By David Moore</p> <p><i>The Creative Arts in Dementia Care: Practical person-centred approaches</i> By Sarah Povey</p> <p><i>Hearing the Person with Dementia: Person-centred approaches to communication</i> By Bernie McCarthy</p> <p><i>Can I Tell You About Dementia? A guide for family, friends and carers</i> By Jude Welton</p> <p><i>Understanding Alzheimers Disease and other dementias</i> By Brian Draper</p> <p><i>Alzheimer's and Other Dementias: Answers at your fingertips</i> By Harry Cayton</p>
	<p>For Children</p>	<p><i>Grandma</i>[*] By Jessica Shepherd</p> <p><i>Mile-high Apple Pie</i> By Laura Langston & Lindsey Gardiner</p> <p><i>Really and Truly: A story about Dementia</i> Emilie Rivard & Anne-Claire Delisle</p>
<p>Living Well with Dementia</p> <p>Living Well with Dementia...</p>		<p><i>First Steps to Living with Dementia</i>[*] By Simon Atkins</p> <p><i>Dementia Positive</i>[*] By John Killick</p> <p><i>Hearing the Person with Dementia: Person-centered</i></p>

		<p>approaches* By Mary Burgess</p> <p>Healthy Body, Healthy Brain: Alzheimer's and Dementia prevention and care By Jenny Lewis</p> <p>Connecting Through Music with People with Dementia: A guide for care givers By Robin Rio</p> <p>Coping With Early Onset Dementia By Jill Eckersley</p> <p>Reducing Your Risk of Dementia By Tom Smith</p> <p>Being: An approach to life and Dementia By David Sheard</p>
	<p>Activities to Share</p>	<p>Pictures to Share titles by Helen Bate*</p> <p>Beside the Seaside in Pictures Childhood Days in Pictures The Countryside in Pictures Family Life in Pictures A Funny Old World in Pictures In the Garden in Pictures Pets in Pictures Proverbs and Sayings Shopping in Pictures A Sporting Life in Pictures Travelling in Pictures A World of Work in Pictures</p>
<p>Support for Relatives and Carers</p>		<p>When Someone You Love has Dementia* By Susan Elliot-Wright</p> <p>And Still the Music Plays: Stories of people with Dementia* By Graham Stockes</p>

**Support for
Relatives and
Carers ...**

Can I tell you about Dementia? A guide for family, friends and carers*

By Jude Welton

Dementia: Support for family and friends*

By Dave Pulsford and Rachel Thompson

10 Helpful Hints for Carers: Practical solutions for carers living with people with Dementia*

By June Andrews

Seeing Beyond Dementia: A handbook for carers with English as a second language*

By Rita Salomon

The Selfish Pig: Guide to caring – how to cope with the emotional and practical aspects of caring for someone

By Hugh Marriott

Now Where Did I Put My Glasses?: A practical and emotional lifeline

By Jackie Highe

Dementia: Practical advice for families, professionals and people living with Dementia and Alzheimer's Disease

By June Andrews

How to Guide a Loved One Through Alzheimer's or Dementia

By Jan Hall

Caring for Someone with Dementia

By Jane Brotchic

A Loving Approach to Dementia Care: Making meaningful connections with the person who has a disease or other dementias or memory loss

By Laura Wyman

Take My Hand: Comforting touch in Dementia and end of life care

By Barbara Goldschmidt

Keeping Mum: Caring for someone with Dementia

By Marianne Talbot

Dementia: Support for family and friends

By Dave Poulsford

<p>Personal Stories</p>	<p><i>Dancing With Dementia: My story of living positively with Dementia*</i> By Christine Bryden</p> <p><i>Dear Dementia: The laughter and the tears*</i> By Ian Donaghy</p> <p><i>Still Alice*</i> By Lisa Genova</p> <p><i>Losing Clive to Younger Onset Dementia: One family's story*</i> By Helen Beaumont</p> <p><i>Telling Tales About Dementia: Experiences of caring*</i> By Lucy Whitman</p> <p><i>The Little Girl in the Radiator: Mum, Alzheimer's and me*</i> By Martin Slevin</p> <p><i>But then Something Happened: A story of everyday dementia*</i> By Chris Carling</p> <p><i>And Still the Music Plays</i> By Graham Stokes</p> <p><i>Dancing With Dementia: My story of living positively with Dementia</i> By Christine Bryden</p> <p><i>My Bonnie: How Dementia stole the love of my life</i> By John Suchet</p> <p><i>Remind Me Who I Am Again</i> By Linda Grant</p> <p><i>Where Memories Go: Why Dementia changes everything</i> By Sally Magnusson</p> <p><i>Telling Tales About Dementia: Experiences of caring</i> Editor: Lucy Whitman</p> <p><i>A Life Like Other People's</i> By Alan Bennett</p> <p><i>How Many Camels are there in Holland? Dementia, Ma and me</i> By Phyllida Law (aka <i>Three Mothers (and a Camel)</i>)</p>
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		<p><i>Take Care, Son: The story of my Dad and his Dementia</i> By Tony Husband</p> <p><i>Losing Clive to Younger Onset Dementia: One family's story</i> By Helen Beaumont</p> <p><i>Dementia: Frank and Linda's story</i> By Louise Morse</p> <p><i>Live and Laugh with Dementia</i> By Lee-Fay Low</p>
<p>Fiction</p>		<p><i>The Exit</i> By Helen Fitzgerald</p> <p><i>The Wilderness</i> By Samantha Harvey</p> <p><i>Elizabeth is Missing</i> By Emma Healey</p> <p><i>What Comes Next</i> By John Katzenbach</p> <p><i>Lost: A novel</i> By Alice Lichtenstein</p> <p><i>The Troubled Man</i> By Henning Mankell</p> <p><i>Arms Wide Open</i> By Tom Winter</p> <p><i>Twisted Reason</i> By Diane Fanning</p> <p><i>I'm Still Alive</i> Nigel Macbeth</p> <p><i>The Fall of the House of Robson</i> By Keith Tomlins</p>

Ebooks

Subject		Title
Information And advice	About Dementia	<i>Alzheimers: Answers at your Fingertips</i> * <i>By Alex Bailey</i>
Living Well with Dementia		<i>First Steps to living with Dementia</i> * <i>By Simon Atkins</i>
Support for Relatives and Carers		<i>Seeing Beyond Dementia: A Handbook for Carers with English as a Second Language</i> * <i>By Rita Salomon</i>
Personal Stories		<i>Still Alice</i> * <i>By Lisa Genova</i>
		<i>Losing Clive to Younger Onset Dementia: One Family's Story</i> * <i>By Helen Beaumont</i>

Books can be found on the library catalogue at www.libcat.oxfordshire.gov.uk

ebooks can be found at <http://www.oxfordshire.gov.uk/ebooks/>