

# **Overview Report for Short Breaks Services**

**1<sup>st</sup> April 2023 to 31<sup>st</sup> March 2024**

## 1 Annual report 2023-24

Data is collected from the 9 Short Break commissioned providers providing Short Break activities for Disabled children and young people (CYP). Data is also collected from two Short Break overnight services, Oxfordshire County Council (OCC) Children and Family Care Services and Flexicare a sitting service supporting families with children with complex needs, and funding schemes that support access to services.

This year we lost one Provider, Bishopswood.

There are three funding streams for Short Breaks. These are Enabler Support Scheme (ESS), Inclusion Support Scheme (Early Years EYISS and ISS) and Short Break Transport (SBT).

## 2 Profile of those accessing services

1025 CYP have accessed short breaks during 2023-24. Which is less than 2022-23 (1067). This is likely due to losing Bishopswood's provision.

Of these 478 CYP received extra support in the form of,

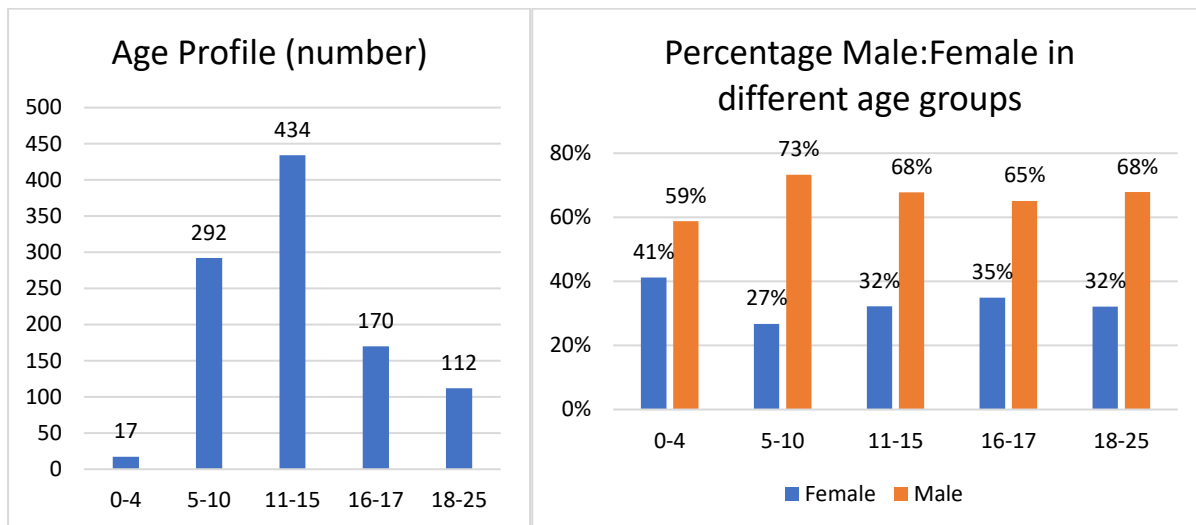
- ISS (312)
- EYISS (10)
- Short Break Transport (47)
- Enabler Support (114)

This is a decrease of 105 CYP requiring help. The decrease was seen in transport (-136), ISS support (-9) and EYISS (-3) with increases in those accessing enabler support (25).

Transport has reduced as the disability teams are providing transport for CYP under their teams.

277 Children access free school meals (an increase of 6 from last year), of these, 135 also had help through ISS.

## 2.1 Children



The graphs above show that the majority of those using our services are between 11-15 and male. Of the total number of children 455 children attend mainstream schools and 467 attend special school. We do not have school information on the 103 CYP. The majority who attend mainstream schools utilise Autism Family Support.

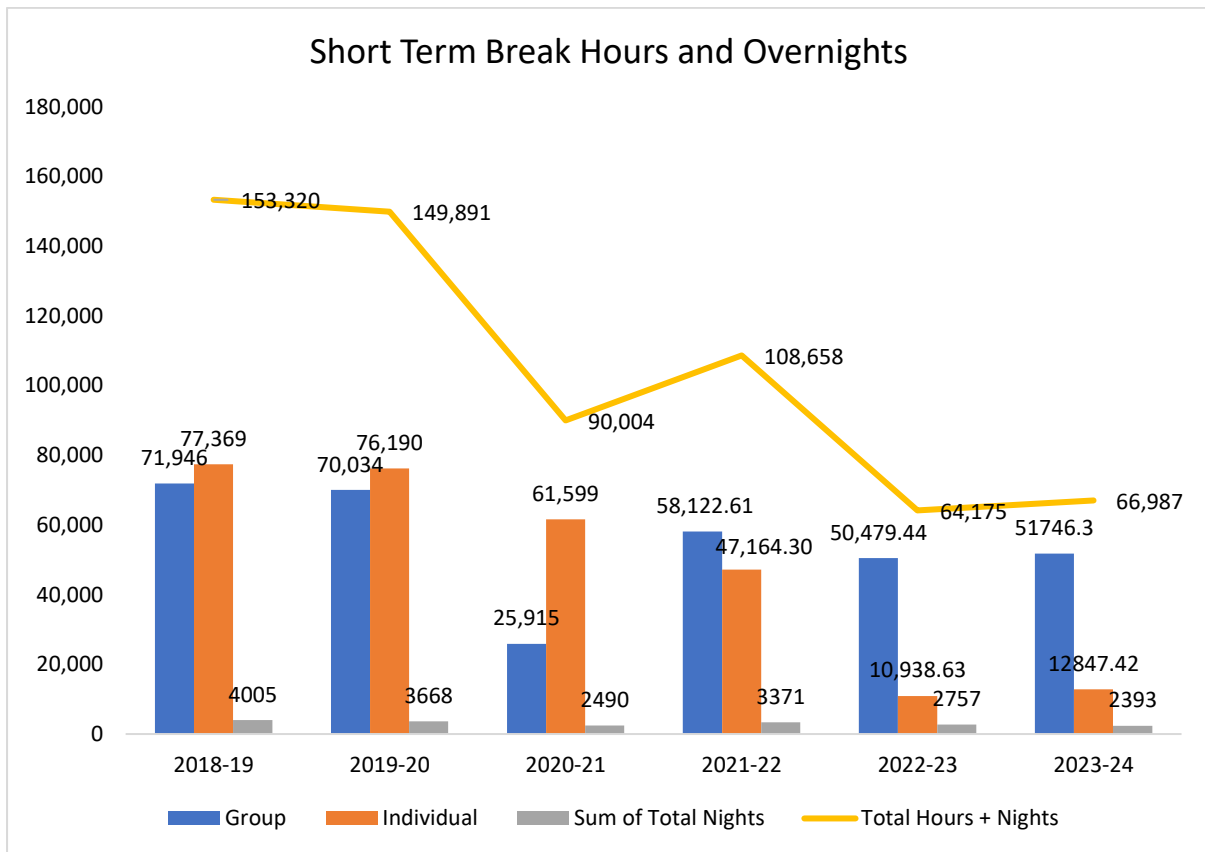
20.51% are BME (210 children) which is slightly lower than the Non-White British ethnic groups proportion in Oxfordshire (23.2% 2021 Census)).

The table below shows the proportion of CYP with Complex Health Needs accessing Short Break activities. The highest proportion is in Group A (Challenging Behaviour / ASD) followed by Group O (Other) and Group B (Complex Health Needs). The majority of those in Group O are accessing Autism Family Support (222). We do not have information CYP.

| Primary Medical Need Group | Count      | Percent     |
|----------------------------|------------|-------------|
| Group A                    | 390        | 40%         |
| Group B                    | 130        | 13%         |
| Group Other                | 446        | 46%         |
| <b>Total</b>               | <b>966</b> | <b>100%</b> |

The total here is lower due to having no information on 32 CYP.

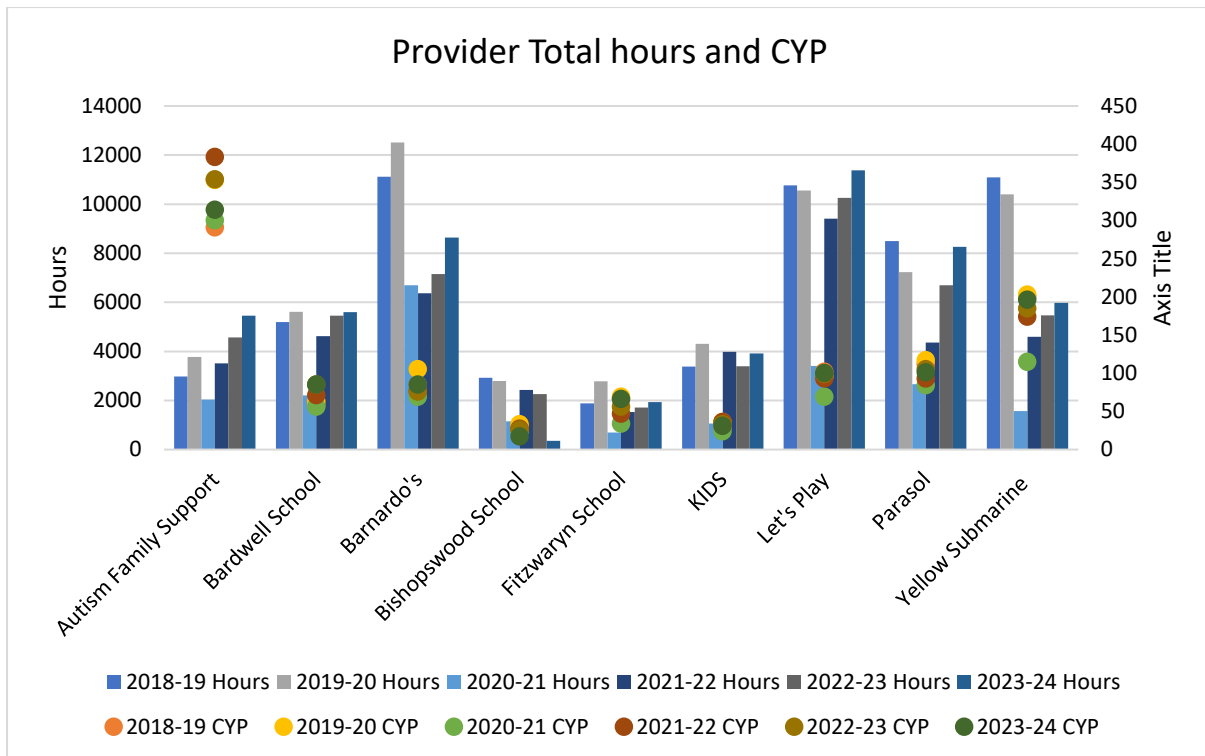
### 3 Services Provided



The graph above shows the total hours and overnights provided is slightly increased from 2022-23 (+2812). There has been a slight increase in all categories.

### 4 Commissioned Providers Group activities

The providers are all commissioned to provide individual services so are not comparable. The graph here is to show the trends over the past 6 years.



|                       | 2018-19  |     | 2019-20 |     | 2020-21 |     | 2021-22 |     | 2022-23  |     | 2023-24  |     |
|-----------------------|----------|-----|---------|-----|---------|-----|---------|-----|----------|-----|----------|-----|
|                       | Hours    | CYP | Hours   | CYP | Hours   | CYP | Hours   | CYP | Hours    | CYP | Hours    | CYP |
| Autism Family Support | 2983     | 291 | 3778.25 | 353 | 2036    | 300 | 3513    | 383 | 4573.5   | 354 | 5460.45  | 314 |
| Bardwell School       | 5196.75  | 58  | 5619    | 63  | 2212.5  | 56  | 4621.25 | 71  | 5450.5   | 85  | 5605.5   | 85  |
| Barnardo's            | 11119.25 | 85  | 12,511  | 105 | 6691    | 69  | 6375    | 77  | 7152     | 76  | 8639.6   | 85  |
| Bishopswood School    | 2924.5   | 30  | 2798    | 33  | 1153    | 24  | 2427    | 27  | 2261.2   | 26  | 358      | 17  |
| Fitzwaryn School      | 1885.25  | 66  | 2783    | 69  | 694     | 34  | 1536    | 47  | 1710     | 56  | 1929     | 66  |
| KIDS                  | 3378.5   | 29  | 4310    | 36  | 1060.5  | 24  | 3978    | 36  | 3392     | 33  | 3915     | 31  |
| Let's Play            | 10769.5  | 102 | 10561.5 | 95  | 3403.25 | 69  | 9413.75 | 93  | 10252.05 | 99  | 11380.45 | 100 |
| Parasol               | 8496     | 112 | 7234    | 117 | 2660.5  | 84  | 4357.5  | 93  | 6701     | 105 | 8265.5   | 101 |
| Yellow Submarine      | 11088    | 200 | 10395   | 203 | 1564.25 | 115 | 4593.5  | 174 | 5476     | 185 | 5974     | 196 |

This graph shows how the pandemic affected services. Those providers who focus on taking people to venues suffered the most from the pandemic.

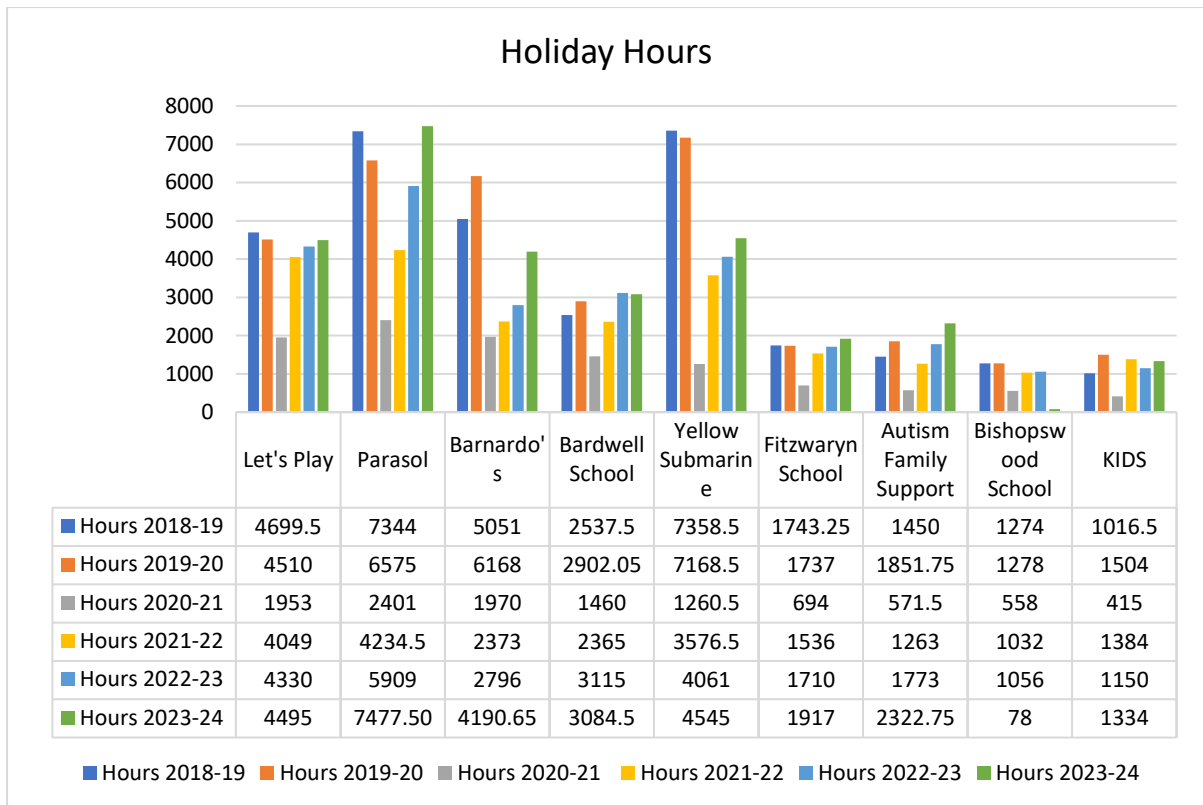
This year Bishopswood closed after the 1<sup>st</sup> quarter, this is why they have provided less hours than last year. The remaining providers have all either provided similar or increased hours.

#### 4.1 Holiday hours

A total of 727 CYP accessed a total of 29,338.4 hours of holiday activities. 287 of the CYP were funded by ISS. 36 of the CYP needed extra help in the form of an enabler. 28 CYP were supported by the Disability Information Officer to access an activity.

This is an increase in CYP (+13), hours (+3438.4), ISS (-20) and enabler (-5) from 2022-23.

The graph below shows hours for each provider for the last 6 years.



Holiday hours have increased or remained similar for most providers as can be seen in the graph and table above. Bishopswood only provided 1 quarter which is why they are significantly less.

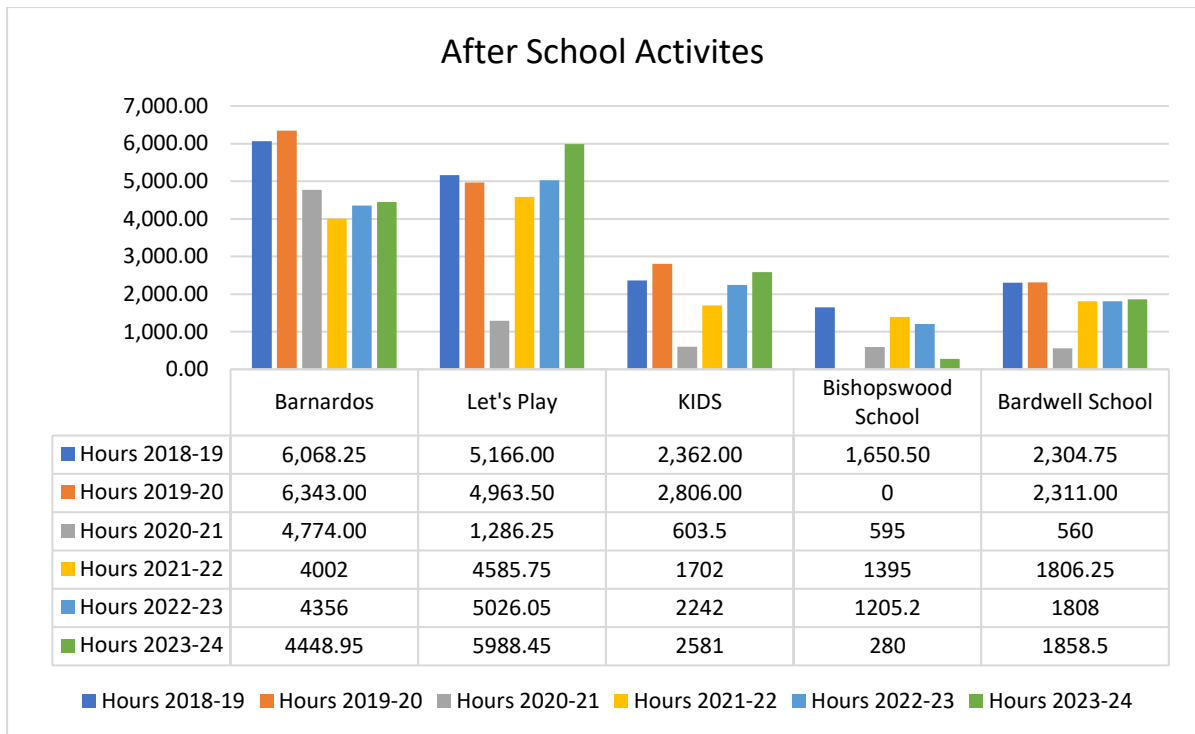
## 4.2 After School Activities

A total of 193 CYP accessed a total of 15,156.9 hours.

83 of the CYP were funded by ISS. 4 of the CYP needed extra help in the form of an enabler. 12 CYP were supported to access an after-school activity by the Disability Information Officer.

This is a decrease in CYP (-40), ISS (-20) and enabler (-5) and an increase in hours (+519.65) from 2022-23. This is due to the loss of Bishopswood as a provider.

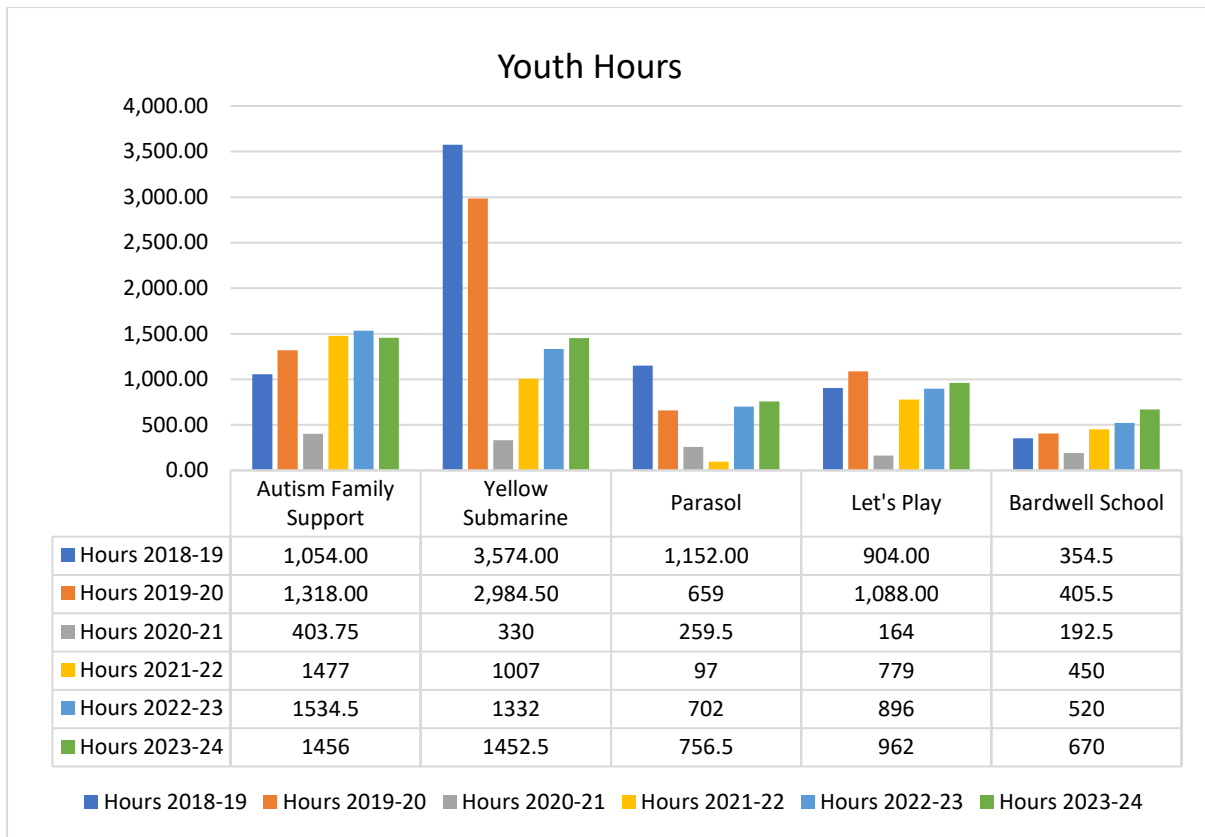
The graph below shows the hours provided for the last 5 years.



### 4.3 Youth

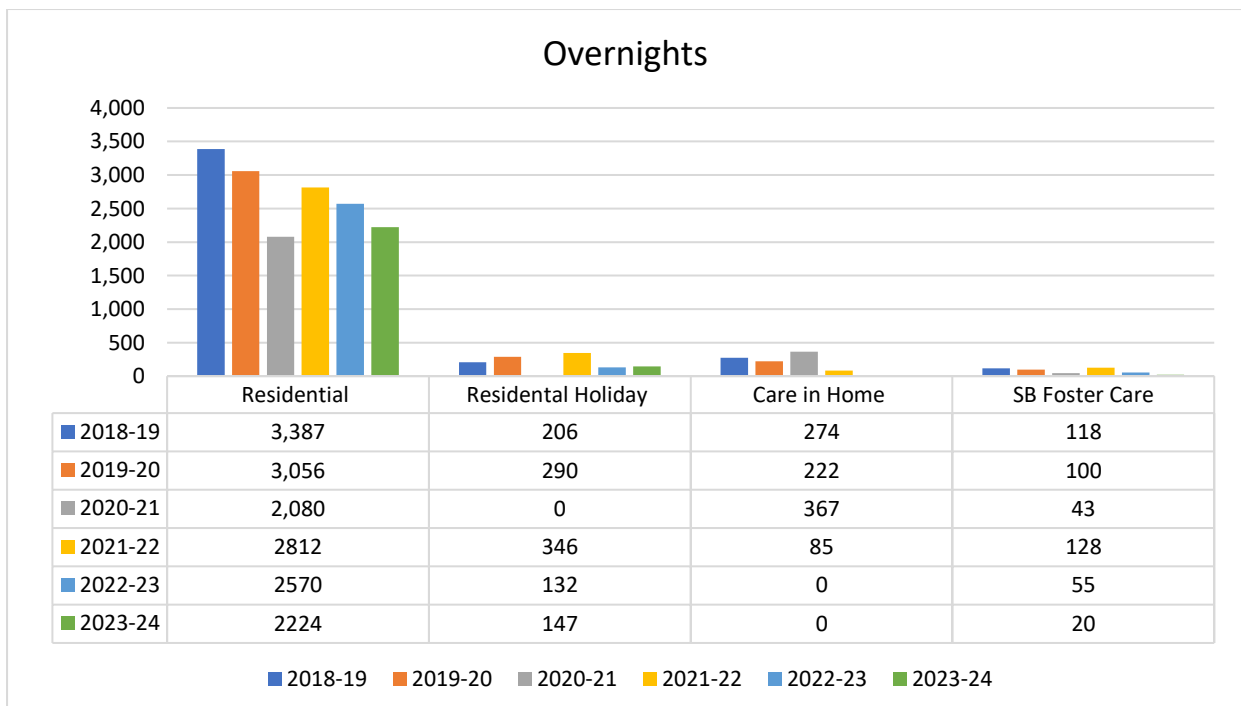
A total of 129 CYP accessed a total of 5297 hours of youth activities. 2 CYP were supported by the Disability Information Officer to access an activity.

This is an increase in hours (+3095) and CYP (+9) from 2022-23.

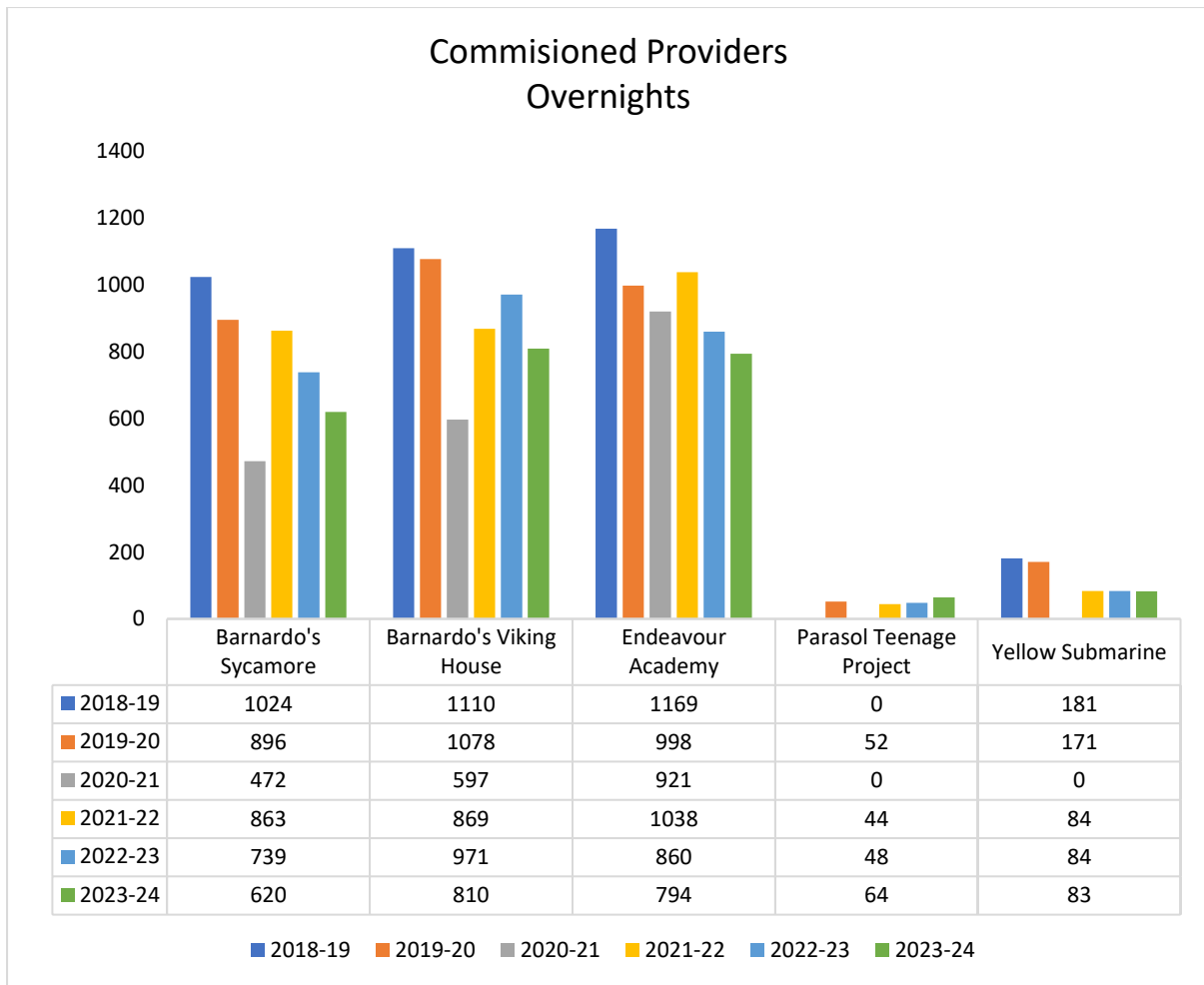


## 4.4 Overnights

121 CYP have been supported for 2393 overnights. This is a decrease in CYP (-5) and Hours (-364).







All of the 3 main providers have decreased their number of overnights, Sycamore (119), Viking House (161) and Endeavour Academy (66).

Parasol and Yellow Submarine have provided residential holidays both pre and post pandemic when they have secured extra funding outside of their contracted service as neither are commissioned to provide residential holidays.

## 5 Individual Short Break Care Activities

A total of 6069.2 hours for 251 CYP have been provided in family support this is an increase in (+695.82) and a decrease in CYP (+41).

The table below shows the providers who provided these hours.

| Providers                      | Family Support |     | Social Coaching |     |
|--------------------------------|----------------|-----|-----------------|-----|
|                                | Hours          | CYP | Hours           | CYP |
| Autism Family Support          | 1424.7         | 162 | 271.5           | 29  |
| Flexicare                      | 1332.25        | 39  |                 |     |
| Care Services                  | 3063           | 45  | 6256.22         | 83  |
| Disability Information Officer |                |     | 241             | 3   |

|                          |        |     |         |     |
|--------------------------|--------|-----|---------|-----|
| Short Breaks Foster care | 249.25 | 5   |         |     |
| Total                    | 6069.2 | 251 | 6768.72 | 115 |

## 6 Conclusion and Actions

Of the 1025 children accessing Short Break Activities and Services we know that 277 of these children receive free school meals, 455 children attend mainstream schools and 467 are from Special Schools. The remaining 103 children are under school age, out of county or not in education. More disabled children are known to be attending mainstream schools as Special Schools are at maximum capacity in Oxfordshire.

This is the final look at how the providers commissioned from 2017-2024 have performed.

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