

Becoming an Adult

There are lots of people you can talk to about the support you may need as you get older:

- Your tutor and teachers
- Your family and friends
- Professionals and voluntary organisations that support you.

You can also find useful information at Oxcentric (www.oxme.info) and in the 'Moving into Adulthood' section of the Local Offer (www.oxfordshire.gov.uk/localoffer)

Young people have to keep learning until they are 18. There are lots of options such as school, college and training for employment. Think about the type of job you'd like to do and courses that will help you succeed. Some courses last several years. If you have an Education, Health and Care Plan this will end when you finish your school, college or training course.

Age 18

You have the rights, as well as the responsibilities of an adult.

Check if you're eligible for any benefits now that you are 16. Visit gov.uk and click on 'Benefits' or talk to your local Citizen's Advice Bureau.

Now is the time to get your own bank account.

Age 16

You have more of a say in decisions about your life, although your family and friends can often help you to decide what might be best for you.

AGE

14

15

16

17

18

19

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21-25

Your Single Plan or Education, Health & Care Plan

Ages 14 to 18

If you have help from children's social care, your social worker will work with you to plan your transition to adult life. This may involve making a referral to adult social care, so that your need for care and support can be assessed.

If you are eligible for adult care and support you will be involved in planning the support you need.

At each review you'll be able to think about the outcomes that are important to you and make changes to your plan as you become clearer about your hopes for the future.

Key Outcomes

Living as independently as possible

Education and employment

Good health

Friendships and being involved in my community

Keeping safe

Year 9 School Review

Prepare for your review by thinking about your wishes, hopes and feelings for the future. You can use the five key outcomes boxes to help you and bring pictures, videos or charts to the meeting, so that others understand what you want to achieve. In the meeting everyone will help you create a plan that will describe your pathway to becoming an adult.